

Fatigue



Objective

To prevent fatalities, eliminate or minimise the risk of injuries and incidents arising from the effects of fatigue.

Requirements

At Haslin Constructions:

1. We conduct and document risk assessments to identify all reasonably foreseeable hazards in relation to fatigue.
2. Where we cannot eliminate the risks, effective and appropriate measures are established, implemented, maintained, monitored and reviewed in line with the hierarchy of control.
3. We establish and implement fatigue management processes, which involves contributing fatigue factors that include:
 - driving conditions
 - shift length, overtime
 - extension of work limits
 - weekly work hours
 - minimal break times
 - night shift work
 - roster patterns
4. We plan and organise work to reduce the frequency and likelihood of fatigue affecting workers' health, safety and wellbeing.
5. We establish and communicate clear roles and responsibilities for fatigue prevention and management.
6. We ensure persons managing, assigning or supervising work are aware of fatigue factors, trained in relevant work procedures, and use scheduling, task planning and resource plans to manage fatigue.
7. We develop and implement a framework to ensure all workers receive appropriate information, instruction and training on fatigue management.